







# BREAKFAST

#### Nell's Shakshuka \$16

TOMATO AND BELL PEPPERS TOPPED WITH SOFT EGGS

#### Harvest Morning Sandwich \$12

EGGS YOUR WAY, VERMONT CHEDDAR
CHEESE AND APPLEWOOD SMOKED
BACON

### **Avocado Toast \$12**

AVOCADO SMASH WITH WATERMELON RADISH AND MARINATED TOMATOES

#### Ratatouille Omelette \$16

RATATOUILLE, GRUYERE CHEESE

# Lemon Mascarpone Dutch Baby Pancake \$14

LIGHT, OVEN-BAKED PANCAKE TOPPED WITH LEMON CURD & MASCARPONE

### Eggs Benedict \$16

POACHED EGGS, AND HOLLANDAISE
ON ENGLISH MUFFINS SERVED WITH
BREAKFAST POTATOES

### Country Chicken & Waffles \$16

HAND-BREADED CHICKEN BREAST,
MAPLE HOT HONEY SERVED WITH
BUTTERMILK WAFFLES

## Morning Oats \$10

CINNAMON HONEY, ALMONDS, CRANBERRIES AND BANANAS

### Yogurt Granola Parfait \$10

ORGANIC GREEK YOGURT, HONEY, GRANOLA, AND FRESH FRUIT

# LUNCH

#### Nell's Burger \$18

GRASS-FED BEEF, VERMONT CHEDDAR CHEESE, ONIONS, TOMATO, PICKLE ON BRIOCHE BUN WITH NELL'S SECRET SAUCE. SERVED WITH FRIES

#### Nicoise Salad \$16

CONFIT TUNA, BABY POTATOES,
HARICOTS VERTS, HARD-BOILED EGG,
AND CAPERS WITH DIJON VINAIGRETTE

#### Fried Chicken Sandwich \$16

BUTTERMILK FRIED CHICKEN WITH HOUSE-MADE VINAIGRETTE SLAW ON BRIOCHE BUN

#### Harvest Grain Chicken Bowl \$16

GRILLED CHICKEN, GREENS, FARRO,
ROASTED SWEET POTATOES,
WATERMELON RADISH, FETA, WALNUTS
TOSSED WITH MAPLE VINAIGRETTE

### Avocado Chicken Sandwich \$14

CHICKEN SALAD, DRIED CRANBERRIES,
ALMONDS OVER SLICED AVOCADO,
AND MESCLUN ON MULTI-GRAIN
BREAD. SERVED WITH CHIPS

### Turkey Club \$12

TURKEY, APPLEWOOD SMOKED BACON, LETTUCE, AVOCADO, SIRACHA MAYO, ON MULTIGRAIN BREAD. SERVED WITH CHIPS.

### Seasonal Harvest Soups \$12















# **ACAI BOWLS**

#### Sunrise Garden Bowl \$16

BLEND: ACAI, BANANAS,
STRAWBERRIES, PINEAPPLE JUICE.
TOPPED: GRANOLA, FRESH FUIT,
COCONUT

#### **Nutty Monkey \$12**

BLEND: ACAI, PEANUT BUTTER,
BANANAS, BLUEBERRIES, ALMOND
MILK.

TOPPED: GRANOLA, BANANAS, COCONUT.

# **SMOOTHIES**

#### Morning Burst \$10

UNSWEETENED ALMOND MILK, STRAWBERRIES, BANANAS

#### Coffee Date \$14

COLD BREW COFFEE, ALMOND MILK,
BANANA, PEANUT BUTTER, RAW
CACAO, DATES

#### **Immunity \$12**

PINEAPPLE JUICE, KALE, SPINACH, MANGOS, BANANAS

Add Plant Protein Powder \$2

# ORGANIC FRESH JUICES

#### Harvest Garden \$12

CUCUMBER, APPLE, KALE, CELERY, LEMON, GINGER

#### Renew \$12

CARROT, APPLE, RED BEET, LEMON, GINGER





